



THE FRANK HAINES MEMORIAL TRUST

Newsletter, December 2021

We were delighted to be able to carry on supporting three charities over 2021, all of which are doing crucial work with disadvantaged young people in East London, and which managed to return to some more normal activities and routines as lockdowns receded. Details on these are below, but – thanks to everyone’s generosity - we are now pleased to have a slight surplus, and the Trustees have decided to seek a fourth charity to forge a relationship with. If you have trusted recommendations of charities doing valuable work with young people in East London, where a small amount of money could go a long way, please get in touch.



We were also thrilled that the annual bike ride made a return, after the cancellation of 2020, though now in September. Somehow the weather never lets us down no matter what month we choose. An impressive **85 riders** joined this year, on a beautiful September day, who between them raised an outstanding **£16,000**. As in previous years, it featured rides of different lengths, and a children’s ride, followed by a party in Burnham Thorpe with a hog roast and dancing. Thanks to everyone who took part, either as organiser, donor or cyclist. Special thanks go to Jez Galaun, founder of Brixton Brewery, for throwing in the beer! Please consider joining us next year – all levels of cycling proficiency welcome! – **at the 2022 ride, scheduled for 17th September.**

Our charities

Switchback, which provides crucial employment opportunities and experience for young men on leaving prison, continues to thrive. They have developed an Experts by Experience scheme, in which their trainees become involved in the charity to advise on campaigning and programme development.

This year, for the first time, a former Switchback Trainee, Kamaran, progressed to become a staff member of Switchback, winning a Girdlers’ Company Award for ‘Outstanding Team Member’ (he is photographed here receiving the award).



Newark Youth continues to offer sporting opportunities, summer programmes and safe evening activities for young people around Stepney (Frank's old neighbourhood, where he had originally wanted to set up a cricket club!) and Poplar.



Our Trustee, Kerrin Isaacs, has been along to watch some of the Sunday football sessions at the Newark Youth Football Academy for children aged 5 to 16 years where sessions are delivered by FA and UEFA qualified coaches. She has been impressed by the enthusiasm and professionalism as well as the opportunities given to young people to become leaders within the organisation. Our funding supports the cost of pitch hire, equipment and coaching.



SPLASH, run by the indefatigable Sister Christine Frost, has been running an extraordinary food programme in Poplar and Limehouse since the start of the pandemic. In October 2021, they delivered their **20,000th dinner since March 2020**.

Elizabeth Haines visited them at work in the St Matthias Community Centre earlier in the year. They are also doing terrific work introducing elderly people to IT, which has become so crucial for social contact during the pandemic. This is also an inspiring example of inter-faith activity to target deep poverty at a time of exceptional need.

Thank you

We are always so grateful to all our donors and those who bring their energies and enthusiasm to the Trust. Special thanks go to Helen Munn and Alex Grant, Tom and Sonya Ulrich, Lord Brown, The Agnew Trust, Sandra Dawson, Sir John Aird, The Christopher Laing Foundation, February Running Challenge, John Scott and Anthea Franklin.

We very much hope that, Covid permitting, sponsored activities will make a resurgence in 2022, in addition to the bike ride. If anyone feels inspired to do a sponsored run, cycle, walk, swim or anything else, we are always grateful for your support.

In the meantime, we wish you all a happy, peaceful and healthy Christmas, and hope that 2022 will allow even more of our usual activities and get-togethers to return.

The FHMT Trustees

Elizabeth Haines, Richard Haines, Rosie Wesemann, Nick Carlton, Will Davies, Rebecca Dawson, Rob Haines, Kerrin Isaacs and Marie Reveglia.