

December 2014

The Frank Haines Memorial Trust continues to thrive, thanks to the on-going energy and generosity of all our friends, friends-of-friends, colleagues and supporters. The annual bike ride was a success once again, and we have received a number of wonderful unexpected donations. Thank you everyone, once again.

AN EVENING WITH THE FRANK HAINES MEMORIAL TRUST

At the most recent Trustees meeting, we discussed putting on an event so that supporters of and donors to the FHMT could come together, to hear a bit more about the charities your money supports, and have a drink on us. There is so much good news and good will to share that we thought it was time we gathered people together for a proper thank-you. The date of this will be **March 26th 2015**, which will be 9 years to the day since Frank died. The venue will be in the Skylight Cafe in East London, which is partnered with Switchback, one of the charities we support (see below). Richard Haines will be in touch about this in the coming weeks.

FUNDRAISING



Bike ride: The annual sponsored bike ride has now become a fixture in the calendar and took place on 17th May along the usual route, starting and finishing at Holkham Hall. As is now traditional, we had extraordinary luck with the weather. There was another excellent party that evening in The Nelson pub with barbeque and (who else?) Tom Dawson, dj-ing late into the night.

The bike ride raised over £25,000, which is fabulous. We are so grateful for all the energy and enthusiasm everyone brings to this and especially to those friends and colleagues who cycle or sponsor for the first time. Special mentions to Marion Lloyd who raised £2,226 and to Howe Robinson Shipbrokers who donated £1,000 and were represented by eight members of staff and families including the bike support team (red lantern cycling). We all owe Richard Haines our thanks for the hard work he puts in to organising it. Richard is already thinking about the 2015 ride, which is due to take place on **Saturday 16th May**. This year he will be adding a new option for parents to take small children on the backs of bikes, on a shorter route. So the excuses for not taking part are getting fewer!

Sponsored run and bake sale: FHMT Trustee Marie McCartney ran her first ever half marathon in Edinburgh in May with Frank's old friends Gill and Jonathan. She raised a superb £1,237 for the Trust. Not to be outdone, our



newest Trustee, Kerrin Isaacs raised £615 at a bake sale at Anglo American with proceeds matched by the Anglo American Group Foundation.

Donations: We've had a number of donations out of the blue over the last 12 months. We received £500 from the Sir John Aird Charitable Trust and, thanks to a suggestion from Mike Foster, we received £3,000 from the Charles French Trust. We also received two donations of £1,000 each, from close friends of Elizabeth Haines. It's wonderful that you keep us in mind, and choose to support us so generously. We are extremely grateful and touched by this.



OUR CHARITIES

We continued to support our six charities, distributing a total of £30,552, all of which supports much-needed work with young people around Tower Hamlets. It is worth noting that all of these projects are also heavily dependent on some amazing volunteers, so FHMT money goes to pay overheads (primarily rent), which they would be unable to cover otherwise.

In that sense, your support is being constantly matched by a number of trained youth workers giving their time for free. We hope to introduce you to some of these people on March 26th. The charities and projects are:

- **SPLASH:** Providing evening activities for children in Poplar and Limehouse. The founder, Sister Christine, also invited Elizabeth to visit a training session they run with young women.
- **Youth Linx:** This youth project provides a weekly evening session in Bromley-by-Bow, where young people can get one-to-one support for various personal problems they might be encountering. Youth Linx also offers IT services and opportunities for children to learn new skills and develop their confidence.
- **Newark Youth:** Provides after school activities for around 35 children who otherwise lack safe places to socialise and play. They also provide twice-weekly football coaching sessions in Stepney Green on Friday nights and Saturday mornings for up to 60 people of various ages. Elizabeth Haines attended their



Annual Award Ceremony and was very impressed by the commitment and enthusiasm of all those present. She even had the honor of handing out an award!



Switchback: Switchback helps former prison inmates back into work and normal life. During 2014, it met with 100 young men, 28 of whom joined the programme, of which 21 went on to full time employment. FHMT money supports an additional Switchback Mentor to carry out this crucial work.

Toynbee Hall, Make It!: Make It! (formerly Aspire) is a project run within Toynbee Hall, which takes children aged 13-14 on 5-day residential trips to Jamie's Farm in Wiltshire. Children are selected from local schools, on the basis that they seem to have problems of self-esteem and participating in social activities. The effect of the residential has been terrific, with 94% reporting that they had discovered something new about themselves as a result of attending.

- **Somali Week at Oxford House:** Somali Week takes place every October, and features a range of cultural and educational activities, including talks and drama. The FHMT donation allows young people to organise their own contributions, which is a new and exciting opportunity for them.

We wish you all a happy and relaxing Christmas, and look forward to seeing you in 2015, for the drinks evening, the bike ride and much else.

*Elizabeth & Richard Haines, Rosie Wesemann, Nick Carlton, Will Davies, Rob Haines, Kerrin Isaacs, Marie McCartney - **The Trustees***