

December 2013

The Frank Haines Memorial Trust has had a superb 2013, raising a remarkable £30,000. Yet again, we've been surprised by the sustained level at which the Trust carries on attracting donations and sponsorship for our activities. Most of all, we are tremendously grateful to all of you for allowing it to remain at this impressive scale. This year we've had various excellent fund-raising activities, allowing us to continue to support the same East London charities, and then to add a further one. The fact that we are expanding our work at this stage is really gratifying, and a testament to the support that we've had from our friends. We are also adding a new Trustee, Kerrin Isaacs, who has been a great friend to the Trust over recent years, and brings some very welcome experience and enthusiasm. Welcome, Kerrin!

FUNDRAISING

Sponsored bike ride: This annual event, organized by Richard Haines, was another great success. For the second year, it took place in Norfolk, starting and finishing at Holkham Hall. This year featured over 100 riders, raising an impressive £13,000. It was followed by a good old knees-up in The Nelson pub, Burnham Thorpe. Thanks to everyone who took part, and managed to bring along colleagues and others previously unconnected to the Trust. It's important that we continue to reach out to new participants in these activities. Richard is already thinking about next year's ride: please pencil in the weekend of 17th/18th May 2014 for the next one. This will be confirmed in due course.

Haines (not those ones...) Triathlons: Both Viv and Rob Haines did a Triathlon this year. Rob, together with friends, raised £8,000 through doing the Where Eagles Dare Triathlon. Viv raised £2,000 for doing the Hever Castle Triathlon. Many thanks to both of you, your cousin Frank would have cheered you on, from the comfort of his VW Campervan.





Other donations: Elizabeth Haines ventured to Geneva, to give a talk about the activities of the Trust. This resulted in a generous gift of £500 from Holy Trinity Church. The *Geoffrey and Julian Agnew Charitable Trust* kindly donated £500. Thank you so much to all of you for your contributions, they are very much appreciated.

OUR CHARITIES: As you know, our charitable purpose is to support organisations working with deprived children and young people in East London, especially in providing them with otherwise absent activities and opportunities to express themselves and try out new things. We continue to support:

- Newark Youth: providing after hours play centres, youth work and education for school children (£6,300)
- Kayd Somali Arts and Culture Partners: supporting arts projects in the East London Somali community (£5,000)
- Youth Linx: providing personal support/counselling and after school youth centre for children in Bow, East London (£7,000)
- Aspire, Toynbee Hall: offering children opportunities to get out of London, and explore new activities. This year, again, Aspire took children to Jamie's Farm in Wiltshire for educational days (£7,000). The children from the Aspire programme made a message in one of their photos!
- SPLASH: Offering a safe space in the evenings for children in East London to play, socialize, and avoid some of the dangers, such as local gang culture. Sister Christine is the organizer of the SPLASH (£7,000)



Thanks to our successes in fund-raising, we have decided to start supporting an additional charity, **Switchback** with an annual donation of £5,000. Switchback provides mentoring, training and employment opportunities to men between 18-24 years of age, who have been in prison. These men are low on confidence, and face severe problems in reintegrating into society, meaning they risk falling into addiction or re-offending. The reoffending rate of Switchback participants is one third of the national average, and over half of them report a significant change in their approach to employment and participating in society. We are delighted to be able to support this important work.

And finally, a Trustee and his new assistant can confirm that the tree planted at the spot Frank died remains alive in its somewhat lackluster - or, as Frank might have preferred to view it, zen-like - state.



We wish you all a happy and peaceful Christmas, and look forward to seeing you all in 2014. And please keep up all the excellent work on behalf of the Trust and the children it benefits. We hope you know it makes a real difference to the lives of vulnerable young people.

Elizabeth, Richard and Rob Haines, Rosie Wesemann, Nick Carlton, Will Davies, Marie McCartney and Kerrin Isaacs - The Trustees