

December 2012

The Frank Haines Memorial Trust has had another very successful year, raising close to **£30,000** thanks to the generosity and hard work of many people. As long as we continue to raise this sort of money, the Trust will be able to carry on indefinitely, which is wonderful news for the charities we support and the children who benefit from them. It is also far more than we could have expected when the Trust was conceived six and a half years ago. We remain tremendously grateful to all of you who have supported the Trust over the years, with your enthusiasm, time and sponsorship.

Fundraising

Sponsored bike ride: The highlight of the year was undoubtedly the Norfolk sponsored bike ride, which took place in May and raised an amazing **£25,873**. After several weeks of rain (also followed by several more weeks of rain), we were blessed with the most wonderful weather. We had 65 riders in total, who split into the lycra brigade covering 55 miles, and the rest who undertook a respectable 35 mile ride. The route began at Holkham Hall and then wove through spectacular countryside on mostly car-free roads.



We have many to thank for their hard work but particularly Vanessa Buxton who brought her expertise to the event and worked so hard. Also to Simon from Red Lantern cycles who ferried bikes from London and supported the ride in his van completely free of charge. Tom Coke kindly allowed us to start the event at Holkham and we would also like to thank Layla and Bryan Williams who hosted lunch in their fantastic barns. The event was the brainchild of Richard Haines, who put a huge amount of work into the whole occasion, including a splendid party that night, featuring hog roast, local ales, yurt and Tom Dawson's famous record collection.

Wall Ultramarathon: In June this year, Tim Guest ran the Wall Ultramarathon from Carlisle to Gateshead, an astonishing 69 miles. Tim raised a marvelous **£1,090** for the Trust. You're crazy, Tim, but thanks!

Cake-making: Charlotte Edgeworth and Kerrin Isaacs held a bake sale at their workplace, selling cakes to raise money for the Trust. Their employers, Anglo American Group Foundation, kindly offered to match whatever was raised. In total, a remarkable £523.49 was raised from the cakes, which when doubled, amounted to **£1,046.98** for the Trust. Many thanks go to Charlotte, Kerrin and Anglo American for this brilliant idea and support.



Donations: The Trust was very fortunate to receive special donations this year from the Christopher Laing Foundation, the Benyon family and Blackrock (the latter secured due to Ed Patrick). The Trustees are very

grateful for these. Nick Carlton gave away his car via the charity car donation website, www.giveacar.com, raising £250 for the Trust.

The Charities

The Trust continues to support the same five charities, all working to improve the lives of young people, in deprived communities of East London. The Trustees stay in regular contact with all of these, and are therefore confident that every penny of our funds raised is being put to very good use. Here are this year's reports.

Newark Youth: £6,300

Newark Youth provides safe, after-hours spaces for children to play and receive personal development support. Emrul Islam, volunteer youth worker and charity director, reports with the following:

The continued support by FHMT over the years has allowed many of the original participants to move on to the next stage of their development, where they are now accessing the different services provided by Newark. They have expanded their horizons and are now involved with other projects and clubs, taking up training and volunteering opportunities where possible. This has allowed a younger generation to fill the void, and we are now recruiting new participants, allowing us to engage with new young people, providing them with play provisions and role models. The club and coaching sessions have provided a stable and steady footing for the young people to learn, play and become better citizens. We hope to continue to provide support, guidance and engagement through the generosity of FHMT and look forward to working with FHMT for many years to come.



Aspire programme, Toynebee Hall: £7,000



Aspire is Toynebee Hall's lead youth project, and has now completed its 5th year. The project continues to use informal learning methods, creative and performing arts and trips and excursions (such as to Jamie's Farm, Wiltshire) to support young people, with the project's overall aim being to improve the social wellbeing of young people age 13/14 who are marginalized and excluded within the education system.

80 pupils took part in the Aspire programme overall – over half of these were referred to Aspire because they were believed to be suffering from very low self-confidence. The Frank Haines Trust's donation was a general contribution to Aspire, rather than for a specific activity.

SPLASH, £7,000

Sister Christine Frost sent this update about SPLASH's half-term activities:

We are happy to say that 12 young people spent four days of their precious holiday following a Sports Leaders Course and all passed their level 1 with flying colours. This will be good for their CVs and make them desirable volunteers during the School Holidays. Once they have done Level 2 they will be employable. Two separate groups spent days at Stubbers Activity Centre and Wakeboarding in Milton Keynes. Fourteen young people are following serious professional Football Coaching every Friday evening and the average number attending the Workhouse each weekend (Friday and Sunday) ranges between 50 to 70 young people.

Kayd Somali Arts and Culture Partners - £5,000

As in previous years, the Trust supported the highly impressive 'Somali Week', during which Elizabeth Haines attended two excellent events. The week featured contributions from artists and local young people, and was launched by the local MP, Rushnara Ali. This year's Somali Week was described by the organisers as follows:

Somali Week Festival 2012 focused on the theme of 'COURAGE'. Our understanding of 'courage' is not one of gun-toting aggression, but a belief in peace and tolerance as essential principles; about dreaming the seemingly impossible, challenging the status quo in the name of collaboration and fruitful coexistence.



Youth Linx (previously Urban Youth) - £7,000

Urban Youth was re-launched this year as Youth Linx, with a new team of leaders and renewed enthusiasm. Mark Robinson, a Trustee, wrote to inform us of the transition:



The Frank Haines Memorial Trust is our sole regular funder and is therefore fundamental to the transformative work that Youth Linx has provided thus far. The trustees and volunteers are incredibly excited about this next phase of the organization and we would very much like to have the continued financial support of The FHMT, which will enable us to build up a stronger organization.

Forward to 2013

We hope to make 2013 another successful year for the Frank Haines Memorial Trust. Key events to look out for are the sponsored bicycle ride, again happening in May in Norfolk – Richard Haines will be in touch with details. For the committed athletes among you Rob Haines is planning another epic **Where Eagles Dare** triathlon in Snowdonia in June.

Vanessa Buxton, who did much of the organization for the bike ride, also organizes an annual 10 day bike ride in Namibia at the beginning of May which is another fundraising opportunity for the Trust. The ride is an amazing opportunity to ride and camp in the most incredible environment and attracts some great people. If you are interested, contact Vanessa on vanessabuxton@kimberleyhall.co.uk



Thanks again to everyone for all that you have done and given. We've no doubt that Frank would be tickled pink! If you'd like to contact us about anything at all to do with the Trust, or would like to run, walk, swim or cycle (or anything else) for us, please don't hesitate to email frankhainestrust@googlegroups.com. In the meantime, thanks again for all your support, and from all the Trustees, have a great 2013.

Elizabeth Haines, Richard Haines, Rosie Wesemann, Rob Haines, Nicholas Carlton, Will Davies, Marie McCartney

The Trustees